Activity Six: Journey planning

**Participant Activity**

**First Buzz Group**

**Second Buzz Group**

After the five minutes, get the delegates to shout out separate things that they could or would do to journey plan.

Ask the delegates if they would do all of the things on the journey planner, or what stops them.

During the discussion about the barriers to undertaking this journey planning, get the group to question some of the assumptions they made whilst driving.

Put different risks to the group, and ask how it would change their journey plan.

**Facilitator Conversation Prompt**

What happened? What were the causes of it going wrong?

If you were in this situation, what would you do? What could you do?

*Picking individual points* – Would you do this? What might prevent you from doing this?

If something does prevent you, what could you do about it? Have you tried to do something in similar situations? Have you made any assumptions about what you can or can't do in this situation.

e.g. What would you do if heavy snow was predicted? What would you do if you were tired on the way back?

**Learning Outcomes**

1. Explain how journey planning can be used to help reduce the risk of road traffic accidents
2. Construct an ideal model of journey planning
3. Compare what planning they typically do before a journey against the model
4. Determine the reasons why they do not put into practise some of the components of the model
5. List at least 2 ways of how they might overcome the barriers to better journey planning

**Slides**

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