

Manual Handling Training for Logistics	
Duration: 4 days	Maximum No. of Delegates: 12
Aims and Objectives:	<p>To develop delegates skill in promoting safer working practices within their organisations, by developing skills and knowledge in:</p> <p>Principles of loss control, health and safety law and how it relates to the role of the handling instructor, application of MHOR's guidance L23, structure and function of the spine and the impact of poor posture, efficient movement principles and their application, dual lifting, selection and use of mechanical aids, legal perspective on manual handling training.</p>
Who is the course intended for:	The course is designed for instructors, training officers, safety officers and others responsible for giving instruction in efficient movement principles.
Prior knowledge:	Delegates will need to have the ability to instruct others, a qualification in instructional techniques would be desirable.
Pre-course preparation:	<p>Delegates are required to bring with them the following with respect to manual handling.</p> <p>Appropriate clothing and footwear for practical elements.</p>
Course Content:	<p>Principles of Loss Control Health and Safety Law The Manual Handling Operations Regulations The Structure and Function of the spine and Impact of Poor Posture Efficient Movement Principles Dual Lifting Introduction to Mechanical Aids Application of Efficient Movement Principles in variety of handling situations. Training in Manual Handling Theoretical and Practical Assessment of Delegate Understanding</p>
Intended Outcomes:	Delegates who complete the course and pass the practical and written examinations will be awarded a RoSPA Manual Handling Instructors Certificate . The certificate is valid for 3 years. The successful delegates will be entered in the RoSPA Register of Instructors .