

Safer People Handling

Risk Assessment

► Course objectives

This course aims to provide course members with the skills and knowledge to carry out moving and handling risk assessments and implement suitable risk controls in health and social care settings at ward, department or home level, for people and objects.

On completion delegates will be able to:

- Explain the role of relevant legislation and guidelines relating to safer moving and handling and their role as a risk assessor
- Explain and demonstrate the principles of risk assessment and its application in a health or social care setting
- Identify moving and handling hazards and discuss risk factors and appropriate controls
- Compare and contrast risk assessment forms

► Who should attend?

People who have responsibility for carrying out moving and handling risk assessments in the health or social care sector.

Delegates should have experience in moving and handling people and/or objects. They are likely to have attended the Safer People Handling Trainers course.

► Further information

It is important to recognise that risk assessments should be undertaken in close liaison with affected parties, such as back care advisers, moving and handling trainers, and key/link workers.

Delegates will be asked to bring risk assessment documentation used in the workplace.

To find out more about this course or request a full course programme:

Call: 0121 248 2233

Email: training@rospa.com

Course Content

- Overview of back pain and musculoskeletal injury
- Risk factors in moving and handling
- Legal requirements with respect to moving and handling
- An ergonomic systematic approach to risk assessment
- Risk reduction strategies
- People handling assessments and documentation
- Appropriate equipment purchase based on evaluation and assessment
- Evaluation of risk assessment forms
- Networking of techniques

Duration

2 days

Qualification

Those who complete the course and pass the written exam will be awarded a **RoSPA Safer People Handling Risk Assessment Certificate**, valid for three years.

Prior to expiry delegates should attend and complete a re-qualification course.

Continuing development

Optional seminars will be available during the three-year period for networking and updating. Additional courses are available for delegates requiring additional skills and knowledge in specialised areas.