

# DRINK DRIVE AWARENESS SCHEME

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ALCOHOL SUPPORT LTD



# BACKGROUND.....

- Devised by the Department of Transport/ Driving Standards Agency
- Offered throughout UK Court System since January 2000
- Approved by Department of Transport to run scheme in NE of Scotland

# AIM OF AWARENESS SCHEME...

- To provide candidates an opportunity to look at.....
- Alcohol Awareness
- Alcohol and the body
- Reasons for drinking, and drink driving
- Consequences of drink driving

# BENEFITS OF ATTENDING.....

- Increased alcohol awareness
- 2 to 3 times less likely to be convicted of a subsequent drink driving offence.
- How to calculate alcohol units.
- Risk of offending or re-offending is reduced
- Consequences of drinking and driving
- May highlight alcohol issues and signposted confidential advice and support.

# HOW MUCH IS 1 UNIT OF ALCOHOL????

1 X ½ PINT OF LAGER/BEER ( 3.5% TO 4% VOL)

1 X 125ML OF WINE ( 8% VOL)

1 X 25ML OF SPIRIT ( 37.5% VOL)



# HOW TO CALCULATE.....

ABV% X VOL

1000

# ALCOHOL ABSORPTION.....

- It takes the liver **20 minutes** to start processing alcohol but it only takes **5 minutes** for it to be deposited into your bloodstream.
- And **1 unit of alcohol** will take approximately **1 hour** to process through your body and be alcohol free!!

# THE MORNING AFTER, R U SAFE TO DRIVE???

1 PINT OF LAGER AT 4% = 2 UNITS

ALCOHOL ABSORPTION = 2-3 HOURS

1 BOTTLE OF WINE AT 12% = 9 UNITS

ALCOHOL ABSORPTION = 9 – 10 HOURS

1 BOTTLE OF SPIRIT AT 37.5% = 26 UNITS

ALCOHOL ABSORPTION = 26-27 HOURS



# QUOTES FROM PARTICIPANTS...

- “This course was very interesting and made me re-think my drinking habits” ( male 35 yrs)
- “ very beneficial with unit calculation and should be part of driving test” ( female 42 yrs)
- “ Course was good fun, met a few people and gained new knowledge of drink and what it does” ( male 19yrs)
- “ Great stuff well worth the time” ( male 56 yrs).
- “ Enjoyed the course and it had a lot of benefits for the future” ( female 22 yrs)

**CAN U CALCULATE????**

YOU CANNOT CALCULATE IF ITS  
SAFE TO DRIVE.....

SO DONT DRINK AND DRIVE...



**MAKES YOU THINK....**

ANY QUESTIONS?