DRINK DRIVE AWARENESS SCHEME

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ALCOHOL SUPPORT LTD
BACKGROUND............

- Devised by the Department of Transport/Driving Standards Agency

- Offered throughout UK Court System since January 2000

- Approved by Department of Transport to run scheme in NE of Scotland
AIM OF AWARENESS SCHEME...

- To provide candidates an opportunity to look at.....

- Alcohol Awareness

- Alcohol and the body

- Reasons for drinking, and drink driving

- Consequences of drink driving
BENEFITS OF ATTENDING.....

- Increased alcohol awareness
- 2 to 3 times less likely to be convicted of a subsequent drink driving offence.
- How to calculate alcohol units.
- Risk of offending or re-offending is reduced
- Consequences of drinking and driving
- May highlight alcohol issues and signposted confidential advice and support.
HOW MUCH IS 1 UNIT OF ALCOHOL???

1 X ½ PINT OF LAGER/BEER (3.5% TO 4% VOL)

1 X 125ML OF WINE (8% VOL)

1 X 25ML OF SPIRIT (37.5% VOL)
HOW TO CALCULATE........

ABV% × VOL

1000
ALCOHOL ABSORPTION........

- It takes the liver 20 minutes to start processing alcohol but it only takes 5 minutes for it to be deposited into your bloodstream.

- And 1 unit of alcohol will take approximately 1 hour to process through your body and be alcohol free!!
THE MORNING AFTER, R U SAFE TO DRIVE???

1 PINT OF LAGER AT 4% = 2 UNITS
ALCOHOL ABSORPTION = 2-3 HOURS

1 BOTTLE OF WINE AT 12% = 9 UNITS
ALCOHOL ABSORPTION = 9 – 10 HOURS

1 BOTTLE OF SPIRIT AT 37.5% = 26 UNITS
ALCOHOL ABSORPTION = 26-27 HOURS
QUOTES FROM PARTICIPANTS...

- “This course was very interesting and made me re-think my drinking habits” (male 35 yrs)
- “very beneficial with unit calculation and should be part of driving test” (female 42 yrs)
- “Course was good fun, met a few people and gained new knowledge of drink and what it does” (male 19 yrs)
- “Great stuff well worth the time” (male 56 yrs).
- “Enjoyed the course and it had a lot of benefits for the future” (female 22 yrs)
CAN U CALCULATE???
YOU CANNOT CALCULATE IF ITS SAFE TO DRIVE........
SO DONT DRINK AND DRIVE...
MAKES YOU THINK....
ANY QUESTIONS?