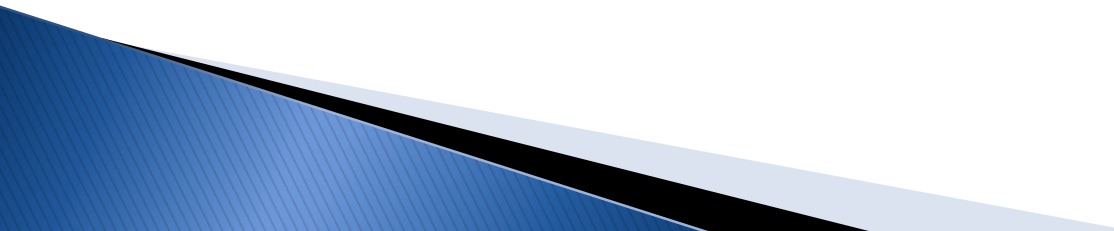




How Care and Repair Can Help Prevent Falls

Who Can We Help?

- ▶ Over age 60
 - ▶ Disabled people of any age
 - ▶ Owner occupiers
 - ▶ Crofters
 - ▶ Tenants of private landlords
 - ▶ Some non-landlord repairs in social rented sector (with agreement)
- 

Our Model

We deliver services to older and disabled people that are home-based, with a person-centred approach, to enable them to repair or adapt their home. We focus on prevention, and enabling independence and wellbeing in a home setting. Our overall aim is to enable people to remain in their own home for as long as they choose and personal circumstances allow.

The 'care' element is what it takes to earn the trust of an owner that will allow the 'repair' to go ahead.

What Services Are Available?

Major repairs (self funded)

Adaptations

Small repairs

Handyperson

Telecare maintenance

Managing Equipment Stores

Hospital Discharge

Dementia Support

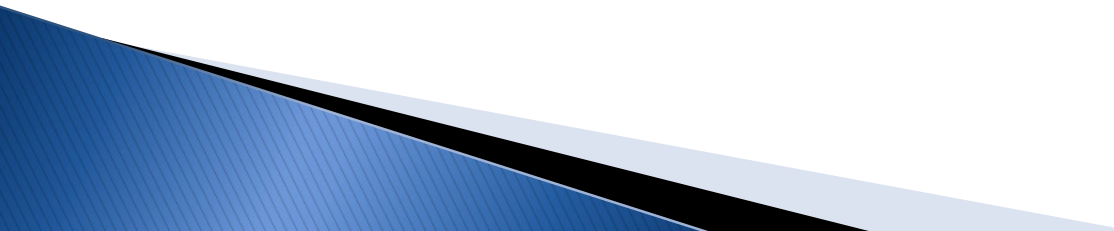
Digital Inclusion

Home Safety

Falls Prevention Questionnaire

- ▶ Have you avoided accidents / medical help in the last year?
- ▶ Have you avoided trips or falls in the last year?
- ▶ Do you use a walking aid?
- ▶ Can you manage daily household chores?
- ▶ Have you had a recent benefits check?
- ▶ Have you had an eye test in the last 2 years?
- ▶ Is your medication current and manageable?
- ▶ Do you have people in your life who support you to remain at home?

External House Survey

- ▶ Is house number/name clearly identifiable?
 - ▶ Is entrance gate safe and secure?
 - ▶ Is main entrance approach even & free from obstructions?
 - ▶ Is main entrance approach adequately lit?
 - ▶ Are steps, ramps, paths safe and clearly visible?
 - ▶ Are external bins safely accessed and secure?
 - ▶ Is the property perimeter free from obstruction?
- 

Internal House Survey Pt1

Slips & Trips

- ▶ Are floor coverings non-slip/trip, secure & free from wear?
- ▶ Is area free of trailing cables & trip hazards?

Accessibility

- ▶ Are circulation routes free from obstructions?
- ▶ Are grabrails & handrails securely fitted?
- ▶ Are storage areas accessible?
- ▶ Is access to windows/curtains clear and safe?
- ▶ Are chairs, beds easy to use?

Internal House Survey Pt 2

Lighting

- ▶ Is lighting safe, adequate and with accessible controls?
- ▶ Are specific lights left on through the evening?
- ▶ Back-up plan during powercut?

Heating

- ▶ Is heating for priority rooms operational and easily controlled?
- ▶ Sufficient fuel – elec, oil, gas, peat, timber, etc?
- ▶ Is fuel storage safe?
- ▶ Is the chimney cleaned annually?
- ▶ Is the boiler serviced annually?
- ▶ Is the property suitably insulated?

Internal House Survey Pt 3

Fire Safety

- ▶ Are adequate smoke & heat detectors interlinked & tested?
- ▶ Are escape options straightforward and understood?
- ▶ Are adequate CO detectors installed and tested?
- ▶ Are electrical appliances free of trailing cables & trip hazards?
- ▶ Are electric blankets under 10 years old?
- ▶ Has electrical equipment been PAT tested?
- ▶ Is distribution board accessible, safe & labelled?
- ▶ Are electric/gas meters suitably located/accessibile?

Internal House Survey Pt 4

Water hygiene

- ▶ Are hot and cold taps operating correctly?
- ▶ Is cold water tank insulated with lid fitted?
- ▶ Is hot water cylinder insulated?
- ▶ Are infrequently used outlets flushed through weekly?

Communication

- ▶ What are the means of emergency communication?
- ▶ Are emergency contact numbers easily accessible?
- ▶ Has the client considered using telecare services?
- ▶ Does the client need support with digital equipment – mobile phone, tablet, smart tv?

Where are our services available?

- ▶ The Housing (Scotland) Act 2006 created a Scheme of Assistance that allows Local Authorities to determine the level of support provided to homeowners for housing purposes.
- ▶ This means that there are variations in what qualifies for assistance through Care and Repair in each local authority area.
- ▶ Care and Repair services are available in 28 Council areas in Scotland.
- ▶ Information: www.careandrepairsotland.co.uk