



accidents don't have to happen

Homeword



Newsletter 206

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HOMEWORDB 206

Welcome to the **206th edition** of Homeword. For nearly 20 years, staff at RoSPA have been bringing you up to date information about what is happening in the community safety world. Thank you for signing up to our newsletter and supporting us.

Average medical cost of fatal and non-fatal injuries by type in the USA

A new study was carried out in the USA to estimate the average medical care cost of fatal and non-fatal injuries. The average medical cost of all fatal injuries was approximately \$6880 for Emergency Department based patients and \$41 570 for hospital-based patient. The article concludes that injuries are costly and preventable and cost effective public health prevention activities are needed to overcome the economic burden of injuries. Read more here: <https://injuryprevention.bmj.com/content/early/2019/12/29/injuryprev-2019-043544>

Dates for your diary

Theme	Date
World Consumer Rights Day	March 15 th
No Smoking Day	March 19 th
Scottish Fire and Rescue Service Older People Month of Action	March
CPG Accident Prevention and Safety Awareness (Theme: Water Safety)	March 25 th
RoSPA's Water Safety Conference (in collaboration with Water Safety Scotland)	March 26 th
RoSPA's Family Safety Week (Theme: under 5sD)	March 30 th to April 3 rd
DIY day	April 4 th
National Garden Week	April 27 th
Workers Memorial Day	April 28 th
CAPT Child Safety Week (Theme: Safety Makes Sense!)	June 1 st – 7 th
CPG Accident Prevention and Safety Awareness (Theme: Child Safety)	June 3 rd
Firefighters Memorial Day	May 4 th
Walk to School Week	May 18 th – 22 nd May
Go Paddling Week	May 25 th
BBQ Week	May 27 th May – 2 nd June
Building Safer Communities National Learning Event	May 27 th
Don't Drink and Drown (RLSS UK)	June 14 th
International Day for Older Persons	October 1 st
National Home Safety Congress (RoSPA)	November 3 rd
CPG Accident Prevention and Safety Awareness (Theme: TBC)	November 4 th
Road Safety Week (Brake)	November 16 th – 22 nd



Refocusing Upstream

Story of Moving Upstream by Irving Zola:

“There I am standing by the shore of a swiftly flowing river and I hear the cry of a drowning man. So I jump into the river, put my arms around him, pull him to shore and apply artificial respiration. Just when he begins to breathe, there is another cry for help. So I jump into the river, reach him, pull him to shore, apply artificial respiration, and then just as he begins to breathe, another cry for help. So back in the river again, reaching, pulling, applying, breathing and then another yell. Again and again, without end, goes the sequence. You know, I am so busy jumping in, pulling them to shore, applying artificial respiration, that I have no time to see who the hell is upstream pushing them all in.”

Excerpt from John B. McKinley (2019) A case for refocusing upstream: the political economy of illness

Did You Know?

- A recent study in the United States on Adverse Childhood Experience found that ACEs such as physical abuse and emotional neglect had a strong influence on the odds of both unintentional and intentional injury. (Sotero, 2015. Available online: <https://core.ac.uk/download/pdf/62889658.pdf>)

Some useful links:

- Burden of injuries in Nepal, 1990-2017: findings from the Global Burden of Disease Study 2017 - <https://injuryprevention.bmj.com/content/early/2020/01/08/injuryprev-2019-043309>
- Public Health England Guidance on Falls: applying All Our Health- <https://www.gov.uk/government/publications/falls-applying-all-our-health>

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