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Fife Water Safety Project

Partnership to Prevent Drowning

Kenny MacDermid

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What is a Risk?

The brain is not fully developed until 18 year old for females and 25 years old for males.

The immature brain reduces:

- *Risk assessment abilities*
- *Inhibition of responses*
- *Emotional empathy*

As teenagers become older:

- *Their brains become more efficient*
- *Their social situations become more complex*
- *Peer influence and social reward are primary motivators*

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ROYAL LIFE SAVING SOCIETY UK
www.rlss.org.uk

RNLI

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SCOTTISH FIRE AND RESCUE SERVICE

SEMPER VIGILO

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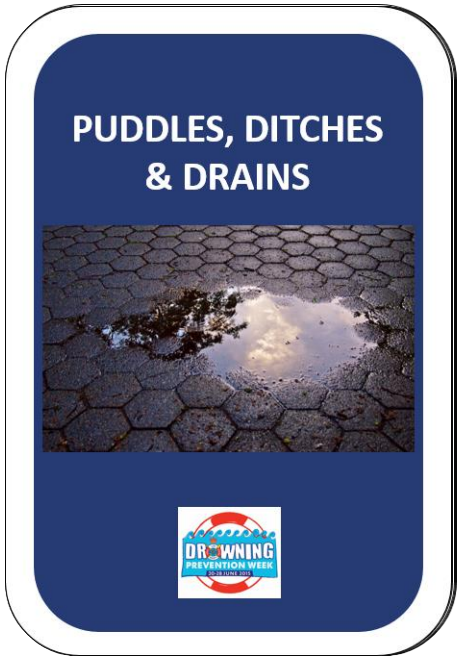
PUDDLES, DITCHES & DRAINS	BATHS & SINKS	CANALS	HARBOURS & DOCKS	BEACHES & SEA	RIVERS & STREAMS	LAKES & RESERVIORS	PONDS	SWIMMING POOLS
4%	2%	8%	6%	30%	36%	9%	3%	2%



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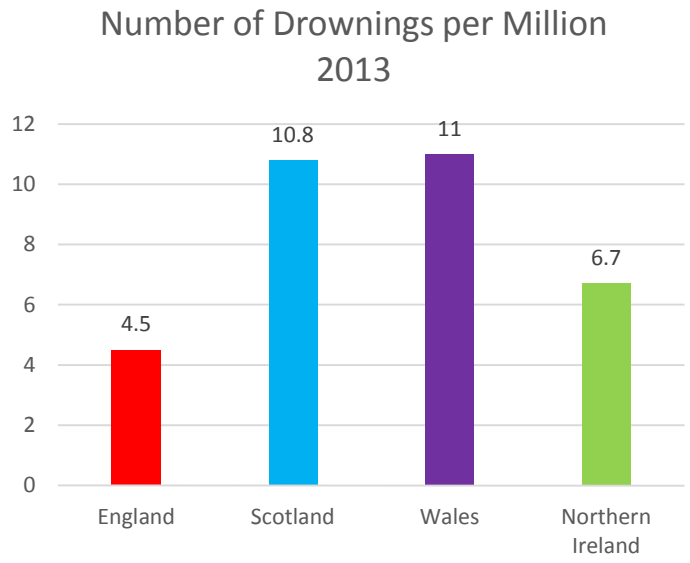

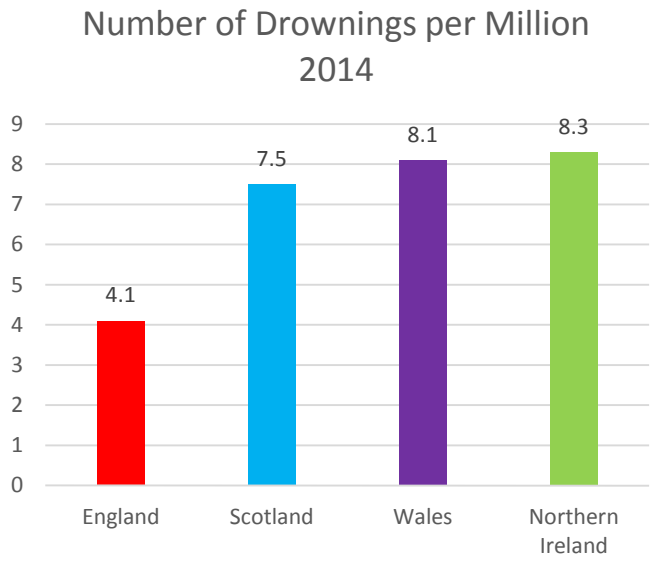

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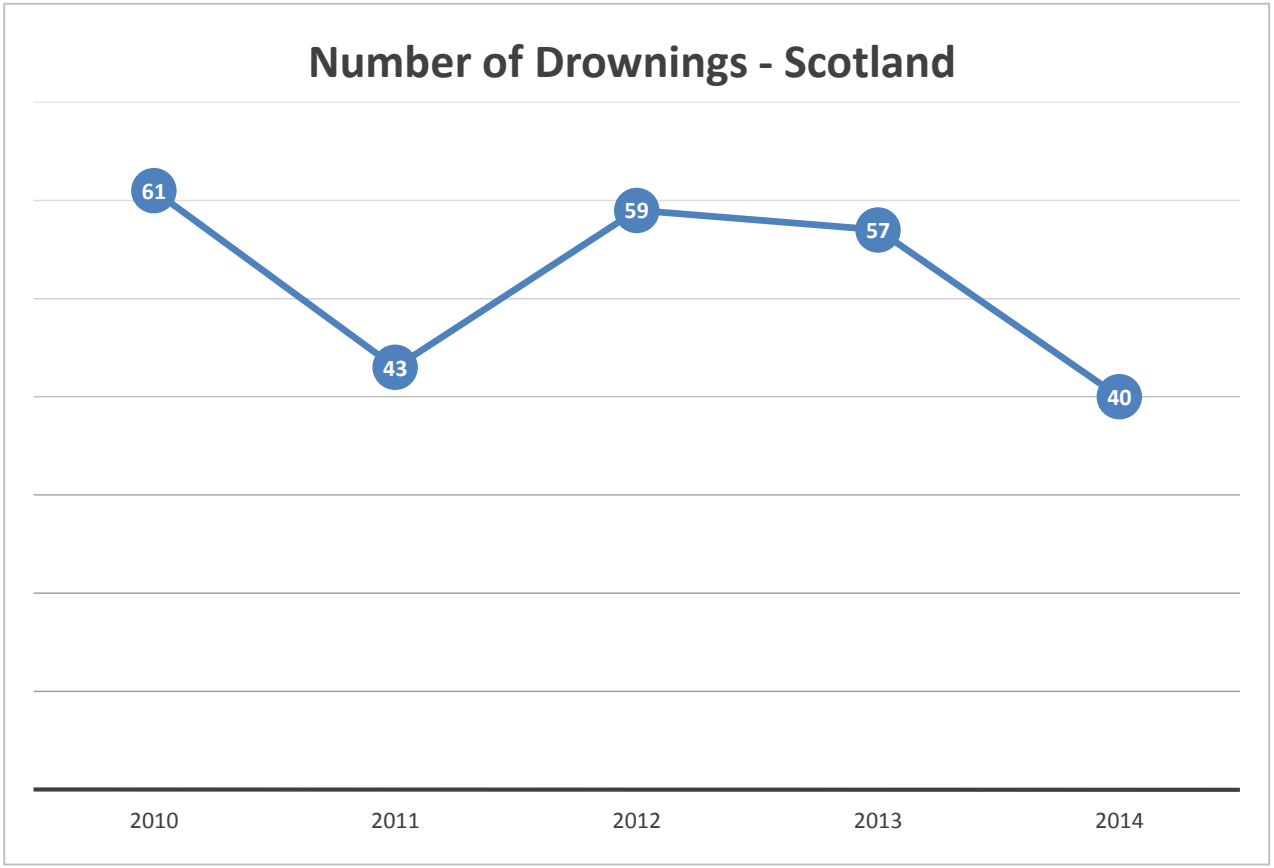

Pre-presentation questionnaire

- No awareness of Cold Water Shock
- Many said they would get in the water to help a friend in difficulty
- In response to asking what would you do if someone was in the water – several answers simply said ‘Laugh’

Post Presentation Questionnaire

- A consistent excellent understanding of what cold water shock is and the risks surrounding that
- More awareness of the risks that water poses and consistent answers in this field
- Appreciation of the variety of locations that drowning incidents occur

Feedback

All have commented on the seriousness of the message and how that was appropriate and very much needed.

Mrs T James, St Columba's

I believe it to have been exceedingly moving and thought provoking but so, so important.

Mother of a pupil

The practical and hands on approach to these inputs meant that pupils engaged in a highly positive way with the materials and I am sure as a result pupils will remember the key messages.

Inverkeithing High

Feedback from the pupils was very positive and any staff who attended could see great benefit from the presentations.

Peter Billington, Queen Anne High

Curriculum for Excellence
Health and Wellbeing

I am learning to assess and manage risk, to protect myself and others, and to reduce the potential for harm when possible.

I know and can demonstrate how to keep myself and others safe and how to respond in a range of emergency situations.

I know and can demonstrate how to travel safely.

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Community Resilience

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