

CPPE, in collaboration with Northampton LPC, Northampton County Council and RoSPA, has developed a workshop on falls prevention and bone health. This learning opportunity for pharmacy professionals was identified by the group and a workshop was developed for pharmacy professionals to better support patients, identify risks and help prevent falls.

The aim of the workshop is to increase learners understanding of falls, how the pharmacy team can help prevent them and how to support those who have had, or are at risk of, a fall. By the end of the workshop and completion of associated learning each attendee will be able to:

- describe the role of pharmacy professionals in prevention of falls
- identify the factors that contribute to the increase risk of falls
- identify people at risk of falls and provide solutions to reduce this risk through lifestyle and medicine interventions
- provide educational advice on promoting good bone health and medicines for osteoporosis
- explain how they can utilise their knowledge in falls prevention to better support patients.

This workshop was delivered in Northampton in March 2018 to 32 pharmacy professionals. Feedback from the workshop was very positive and was described as informative, super, an excellent course, really enjoyable and learned loads.

Helping to identify risks to help prevent falls is also a national issue and is included in national, NHS and healthcare priorities that include: polypharmacy, medicines optimisation, medicines value programme and the *Five year forward view*. CPPE has chosen to provide educational support to pharmacy professionals on falls prevention, utilising the materials developed in Northampton, to be delivered nationally from October 2018. Pharmacy professionals can book a place at a workshop on the CPPE website www.cppe.ac.uk from July 2018.