

The Green Cross Code

1. Find a safe place to cross

- Use a pedestrian crossing if there is one
- Choose a place where you can see clearly in all directions
- If an obstacle blocks your view of the road, move to a better place!

2. Stop just before you get to the kerb

- Do not stand on the kerb
- If there is no pavement, stand at the edge of the road

3. Look all around for traffic and listen

- Traffic can come from any direction
- Sometimes you hear traffic before you see it
- If you hear an emergency vehicle in the distance, wait and let it pass

4. If traffic is coming, let it pass

- Never run across when traffic is coming, even if you think there is time. It is hard to judge the speed of traffic
- Traffic may speed up

5. When it is safe, go straight across the road – do not run

- Keep looking and listening as you cross
- Look out for cyclists and quiet vehicles (electric) as you may not hear them
- Walk straight across, not diagonally. It is the quickest way across







Thank you for your help and support and please remember that it is most important to set a good example as children imitate the actions both good and bad of adults.

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Pedestrian Training



accidents don't have to happen

The Royal Society for the Prevention of Accidents



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Pedestrian Training

Your child has been learning about road safety to teach them to be safer and to prepare them for when they start to walk on their own.

As a parent or carer, there is a lot you can do to help your child learn how to be safer near roads. When you are out walking, you can talk about how to be safer near roads and practise crossing safely together. The risk of being hurt on the roads increases as children get older. The greatest risk as a pedestrian is when children become teenagers. You can help to reduce this risk by talking about and demonstrating:

1. The dangers pedestrians face near roads

- Discuss the risks young people face when walking near and crossing roads

2. Walk on the inside of the pavement, away from the road

- Staying away from the kerb and the traffic is much safer for pedestrians
- When in a group, young people should never walk close to or in the road

3. Walk, don't run

- It is always safer to walk when near or when crossing roads. It is easier to see what is happening around you and to spot any dangers
- Walk quickly when crossing roads

4. Check driveways for moving vehicles

- Many children walking or on bikes are hurt by vehicles coming out of driveways. Check vehicles in drives to make sure they are not about to move out
- Moving vehicles in a drive can be hidden by hedges or walls. The driver may not see you!
- Watch out for brake and reversing lights, a person in the driver's seat and listen for engine noise. Electric cars are very quiet and can be difficult to hear
- If a vehicle is moving, stop and let it pass
- Only carry on if the driver sees you and waves you past

5. The Green Cross Code when crossing roads

(See overleaf)

- The Code is an important aid in learning to cross roads safely. If children learn this and always use it when they cross it will help them to be safer



6. Safer places to cross the road including pedestrian crossings

- Pedestrian crossings such as Zebras, traffic light crossings (Puffin, Pelican or Toucan), subways or footbridges
- Wait for the green man before crossing at Puffin and Pelicans. Always check that it is safe before crossing and that traffic has stopped.

7. Parked cars

If there is nowhere else to cross, discuss how to cross carefully in between parked cars, using the **Green Cross Code**. Remembering to:

- Check they are not about to move
- Look and listen from the pavement
- If you can't hear and see anything coming, step out and stop by the lights of the car
- Stop, look and listen from the edge of the car
- Only cross when safe to do so
- If a vehicle comes down the road go back to the pavement quickly and start again