Top tips for safer bed times

- Babies have died of suffocation and choking from nappy sacks. Keep them out of reach.
- Young children can be strangled by looped blind cords. Secure them out of reach.
- If your child is under 24 months, use a safety gate to keep them off the stairs.
- Fit upstairs windows with a window restrictor to let air in, but not children out.

Lifeline on freephone 0808 801 0822

www.rospa.com/keeping-kids-safe