

## Drivers' Hours



The table below summarises the main rules concerning Drivers' Hours.

	<b>Domestic Rules</b>	<b>EC Rules</b>
Maximum length of working day	16 hours	13 hours
Daily driving period	10 hours	9 hours
Time driving without a break*	5 1/2 hours	4 1/2 hours
Minimum length of break	30 minutes	45 minutes
Daily rest period	10 hours	11 hours
Weekly driving limit		56 hours

\*The break is a period during which the driver may not perform other work and is exclusively used for recuperation. This break may be split into smaller periods and distributed throughout the 4 1/2 hour. In this case, the first period must be at least 15 minutes, and the second period must be at least 30 minutes. With each additional driving period, the break time should be extended.

Drivers should not be required to supervise children during their break, as this would not be a rest for the driver.

Drivers should **never** be expected to do a day's work (regardless of the type of work), or be awake for a day and then drive for several hours in the evening.

On journeys lasting several days fatigue caused by consecutive days on duty must also be taken into account. Drivers' Hours rules specify weekly rest periods.

Second drivers should also have adequate rest breaks, without being required to supervise children.

A comprehensive explanation of the rules is contained in

[Rules on Drivers Hours and Tachographs: Passenger Carrying Vehicles in GB and Europe](#) (PSV375)