

Making Prevention Possible: child safety in a changing world

**Katrina Phillips OBE, Chief Executive
Child Accident Prevention Trust**



Our cause

“All paediatricians dread breaking bad news: telling parents that their child requires emergency surgery or intensive care, or that resuscitation has been unsuccessful. When illness or death is the result of a preventable accident, the emotional toll is compounded by the avoidable nature of the tragedy.”

Our work

- 👉 Educating and empowering families
- 👉 Mobilising and resourcing our local networks
- 👉 Advising and influencing on child accident prevention



Our approach

- ✎ What matters – the accidents most likely to kill or seriously injure children at different ages and stages of development
- ✎ What works – safer environments, safer products, safer behaviours
- ✎ Families at greatest risk

When I start to move around... 

 I can get into everything. Think about where you store dangerous products. Lockable or high cupboards are best.

 I might climb on furniture and it could tip or fall on me causing serious injuries. Please secure furniture to the wall.

 I can climb up to windows and fall out. Move furniture away if you can. And fit safety catches to limit how far they open.

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Heatwaves

👉 Falls from windows

👉 Blind cords

👉 Drowning

A screenshot of a news article from the Daily Record website. The article is titled "One area of Scotland to hit 32C this week as 'extreme heat' blasts the UK". The sub-headline reads "This jump in temperature comes as parts of the UK have been issued red heat warnings". The article is by Eilidh Farquhar, a Trainee Trends, Showbiz and Lifestyle Writer, and is dated 12:22, 22 Jun 2026. The article has 1 comment. The website's navigation bar includes links for NEWS, FOOTBALL, MONEY, TV & CELEBS, and MORE. A banner at the top of the article area says "LATEST FROM THE WORLD CUP 2026 HERE" with a right-pointing arrow. Below the article title are social media sharing icons for Facebook, X, and a link icon. The author's name and bio are displayed below the article text, along with the date and time of publication.

Daily Record NEWS FOOTBALL MONEY TV & CELEBS MORE ▾

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One area of Scotland to hit 32C this week as 'extreme heat' blasts the UK

This jump in temperature comes as parts of the UK have been issued red heat warnings

f X ↻

Comments 1

NEWS By Eilidh Farquhar Trainee Trends, Showbiz and Lifestyle Writer

12:22, 22 Jun 2026

Overheating homes

Resolution Foundation – the homes of the poorest are far more likely to overheat.

At greatest risk:

- 👉 Social renting households
- 👉 Families with young children
- 👉 Ethnic minority households



Falls from windows

- 👉 Top-heavy toddlers
- 👉 Overcrowded homes
- 👉 Missing or broken restrictors
- 👉 Backlog of repairs

Window locks and restrictors save lives



If your window won't lock or you need to open it wider because of heat or cooking please don't leave young children alone in the room

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Blind cords

- ✎ A blind in a child's sleep space
- ✎ Safety devices:
 - ✎ Old blind with no safety device
 - ✎ Device supplied but not fitted
 - ✎ Fitted but not used
- ✎ Families taken by surprise by what their child does next

“We will probably never know how exactly this happened. But we never knew him to climb up on the sill before.”

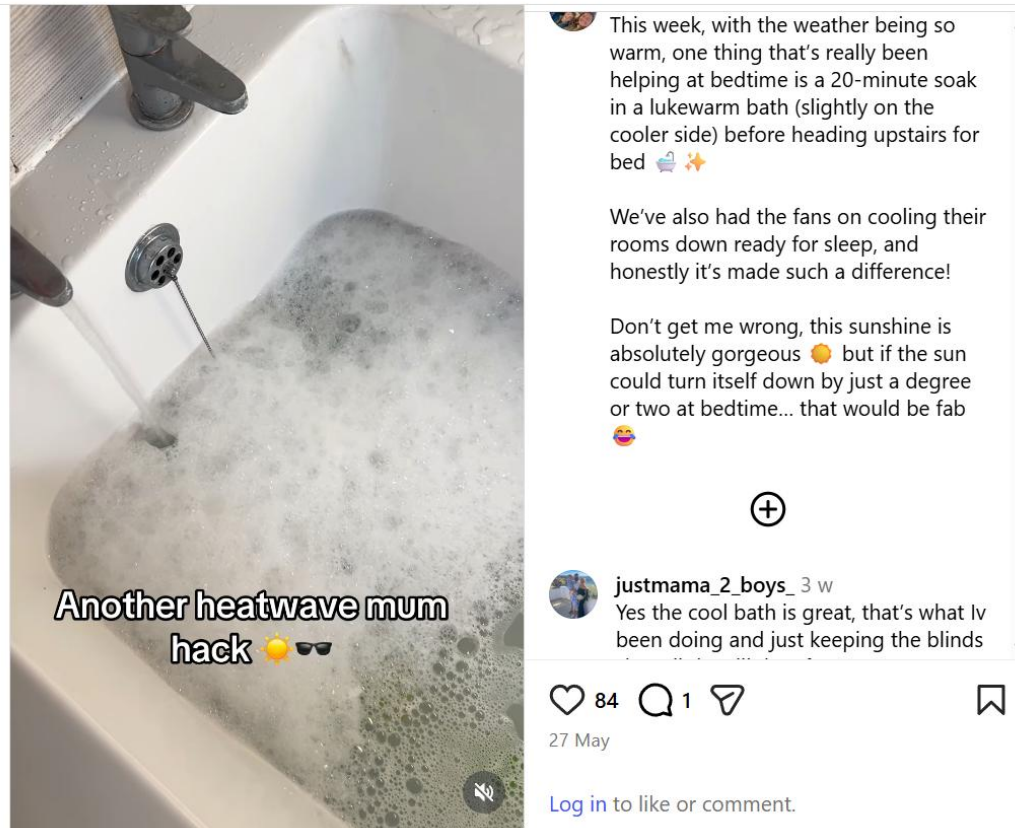
Dad of 2-year-old boy who was strangled by a blind cord

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Heatwave parenting hacks – cool 20-minute bath before bedtime

Instagram



Drowning in open water



Tragedy at beauty spot near Scottish town as 16-year-old boy becomes 12th water death in a week

The body of a teenager was recovered at Bracklinn Falls, near Callander, amid the recent spell of hot weather



Comments 0

NEWS By **Douglas Dickie** Content editor
13:52, 29 May 2026 | Updated 13:52, 29 May 2026

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Ever more products

Office for Product Safety & Standards:

“The products present a risk of drowning because the canopies and overhead structures may increase wind resistance and affect the stability of the float. In windy conditions, the float may be lifted, tipped over, pushed away, or destabilised, creating risks of falls, capsizing, separation from the caregiver, entrapment, or drowning.”



Pressures on parents

“Her friend has seven unregulated toys. For the same money, I could buy one. Because I know the risks of buying a toy that might not be safe”

#parentinghacks – now everyone is an expert online



Building trust online

Authentic voice, simple, practical advice, a safe place to share

👉 Facebook & Instagram

👉 Traffic to website and newsletter

“Never knew my aunt, who dived into a pool after sunbathing and died from this. A healthy woman with a child, gone, just like that.”



Free resources

👉 Advice sheets

👉 Posters

👉 Button battery resources

Dog safety

The bond between your child and dog can bring fun and happiness to family life. But any dog can bite if they feel they have no other option so it's important to know what you can do to prevent it from happening.

The image displays four resource cards for dog safety. Each card has a title, a brief introduction, and a list of key points. The first card, 'Dog safety: Trigger times poster', features an illustration of a dog and lists triggers like sleeping or hearing a noise. The second, 'Child safety around dogs fact sheet', includes a cartoon of a child and a dog. The third, 'Your dog and your baby fact sheet', shows a dog and a baby. The fourth, 'Your dog and your baby fact sheet in Punjabi', is a Punjabi version of the same content. Each card has a 'Download' and 'More Info' button.

“Your resources help me have conversations about safety with families.” “Simple, easy-to-use resources that save staff time.”

<https://capt.org.uk/resource-centre/>

Safety alerts



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Are you missing out? Our free alerts for families and professionals keep you in touch with all the latest safety tips, free resources and events.

"I love getting your email reminders, just makes me aware and up to date."

<https://capt.org.uk/sign-up/>



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